

# Methow Valley Bike Festival Biathlon Races

combining running & rifle marksmanship  
and  
mountain biking & rifle marksmanship

**Saturday, October 1, 2011**  
**Mazama, WA**

Hosted by: Methow Valley Biathlon

Location: Mazama Biathlon Range

1/2mile east of Mazama on the Goat Creek Road

Parking is best at the Mazama Community Center/ trailhead parking lot & bike or take shuttle to range.

	<u>1 race</u>	<u>2 races</u>
Entry Fees: 9-18 years old .....	\$15.00	\$25
19 years & older ...	\$25.00	\$45

Registration deadline is Sept 28, 2011.  
Late fee \$5.00

Eligibility: Biathlon is open to all athletes age 9 and over who have completed a US Biathlon certified safety clinic. All competitors must be current members of US Biathlon, Biathlon Canada or purchase a USBA member for a day license for \$10. (see registration form) . Please go to

[http://assets.usoc.org/assets/documents/attached\\_file/filename/28261/Membership Form - US Biathlon Association.pdf](http://assets.usoc.org/assets/documents/attached_file/filename/28261/Membership_Form_-_US_Biathlon_Association.pdf) for membership forms & fees or they will be available at the time of registration.

Registration & bib pick will be at the Mazama Community Center Sat, Oct 1, 2011, starting at 8am. Awards will be presented at the range following each age category as soon as possible.

Pursuit race format with individual starts means the age appropriate pursuit run distances with 3-4 shooting bouts (age dependent) and 15 second start intervals. Each individual's race time determines their placing.

Information: For further information on this event, contact Betsy Devin Smith at 509-996-3159 or [biathlon@methownet.com](mailto:biathlon@methownet.com).

For information on Biathlon events in Washington visit [www.wabiathlon.org](http://www.wabiathlon.org).

## Saturday Oct 1

8:00-12:00 Registration & bib pick-up

9:00 - 9:45 Rifle Zeroing 1<sup>st</sup> races

10:00 Cross biathlon race (running/shooting) Pursuit Format (Individual interval starts)

Race order: juveniles, jr boys/girls, sr boys/girls, Men, Youth & Jr. men, Women,

Youth & Jr. women

11:00 - 2<sup>nd</sup> zero for midgets & Open rec.

11:30pm - 2<sup>nd</sup> race start order: midgets, open rec

1:00pm - Mountain Bike Biathlon sprint race starts

Race order: midgets, open rec

(re-zero time if needed for shared rifles)

Approx. 2:00pm - juveniles, jr boys/girls, sr boys/girls, men, youth & jr men,  
women, youth & jr women

**Methow Valley Biathlon Association**  
**Bike Festival Biathlon Races Entry Form**  
 October 1, 2011

NAME \_\_\_\_\_ Age/DOB \_\_\_\_\_

Address \_\_\_\_\_ Race Category \_\_\_\_\_ M or F

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

	<u>1 race</u>	<u>2 races</u>	
ENTRY FEE : Adults	\$25	\$45	
Youth 9-18yrs	\$15	\$25	\$ _____

MVB Membership (Optional) \$ \_\_\_\_\_ Support our Club!  
 ( Jr \$30, adult \$40, family \$55 /year Nov.1 to Oct. 31)

USBA Membership Fee for a day \$10 \_\_\_\_\_ or provide your USBA number # \_\_\_\_\_

TOTAL ENCLOSED \$ \_\_\_\_\_

Please make checks payable to: Methow Valley Biathlon  
 Age Class (circle) 9-10 11-12 13-14 15-16  
 17-18 19-20 21+

mail to: Methow Valley Biathlon  
 PO Box 789  
 Winthrop, WA 98862 Male Female Open Recreation

or  
 e-mail registration information to: jrohrer@century.net  
 & pay & sign release form at race day.

I do not have a rifle & need to use a club rifle \_\_\_\_\_

<u>Category</u>	<u>Age</u>	<u>Distance Shoot</u>	<u>Pursuit Course</u>
Men	21+		PPSS
Women	21+		PPSS
Junior Men	19-20		PPSS
Junior Women	19-20		PPSS
Youth Men	17-18		PPSS
Youth Women	17-18		PPSS
Sr Boys/Girls	15-16		PPSS
Jr Boys/Girls	13-14		PPP
Juveniles	11-12		PPP
Midgets	9-10		PPP
Open Rec mixed	21+		PSP

**PLEASE READ & SIGN THIS ACKNOWLEDGMENT AND ASSUMPTION OF RISK & RELEASE**

I \_\_\_\_\_, know that running, mountain biking, biathlon, nordic and freestyle skiing are action sports carrying significant risks of **serious** personal injury, death or property damage. I also know that there are mental, mechanical and environmental conditions and risks which independently or in combination with my activities may cause property damage, or severe or even fatal injuries to me or others.

I agree that I am alone responsible for (a) my safety while participating in competitive events and/or training for competitive events and, (b) providing, utilizing, and maintaining that equipment necessary for the safe enjoyment of my participation in such events and specifically acknowledge that the following persons or entities including the Methow Valley Sport Trails Association, Sun Mountain Lodge, Inc., Methow Valley Biathlon, Washington Biathlon Association, U.S. Biathlon Assoc., Foster's Homeowners Assoc, U.S. Forest Service, the Methow Valley School District, the ski area, the landowners, the promoters, The sponsors, the organizers, the promoters clubs, the officials and any agent, representative, officer, director, employee, member or affiliate of any person or entity named above are not responsible for my safety. I specifically **RELEASE** and **DISCHARGE**, in advance, those parties for any liability whether known or unknown, even that liability may arise out of negligence or carelessness on the part of persons or entities mentioned herein. I agree to accept all responsibility for the risks, conditions and hazards which may occur whether they now be known or unknown.

Being fully **aware** of the risks, conditions and hazards of the proposed activity as a competitor, coach or official, I **HEREBY AGREE WAIVE, RELEASE AND DISCHARGE** any and all claims for damages for death, personal injury or property damage which I may have or which may hereafter accrue to me as a result of any participation in competitive events or training for competitive events, against any person or entity identified above whether such injury or damage was foreseeable or not, Including any such claims regarding the design or condition of any equipment used by me. In such recreation and/or competitive events without regard to whether such equipment is specified or recommended by such persons or entities identified above.

I further agree to forever **HOLD HARMLESS** and **INDEMNIFY** all persons and entities identified above, generally and specifically, from any and all liability for death, personal injury or property damage resulting in any way from my participating in competitive events, or training for competitive events.

I currently have, **and** I agree to maintain throughout the time that I recreate, train and compete, valid and sufficient medical and accident insurance, I understand that this is solely my responsibility and I release all persons **and** entities Identified herein from providing this coverage for me.

I agree that I will accept and abide by the rules and regulations imposed by the organizers of any particular competition. This Acknowledgment and Assumption of Risk and Release shall be binding upon my heirs and assigns.

I recognize that biathlon involves the use of firearms and I certify that I am not disabled or restricted from using or possessing firearms by any state or federal law or by the ruling of any court.

Date \_\_\_\_\_

Signature \_\_\_\_\_

By signing this Acknowledgment of Risk and Release as Parent/Guardian, I am consenting to the competitive participation in recreation or competitive skiing and training and acknowledge that I understand that any and all risk whether known or unknown, is expressly assumed by me and all claims, whether known or unknown, are expressly waived in advance.

Date \_\_\_\_\_

Parent/Guardian Signature (if participant is under age 18) \_\_\_\_\_