



METHOW VALLEY BIATHLON

PRESENTS

2012

Biathlon Race Weekend

**RACES # 2 AND # 3 OF THE WASHINGTON
BIATHLON RACE SERIES**

January 21st - Individual
January 22nd - Sprint

at

**Liberty Bell High School
Biathlon Range & McCabe
Ski Trails**

**Methow Valley Biathlon
Biathlon Race Entry Form
January 21-22, 2012**

NAME _____ DOB/AGE _____ / _____

Address _____

City _____ State _____ Zip _____

Phone _____ E-MAIL _____

Please Circle: Male Female

*Race category _____ I need to use a club rifle _____

I am planning on attending the Saturday night banquet _____ (# attending)
(tickets purchased at the door)

Due to insurance coverage regulations, membership in the United States Biathlon Association is required for all participants. Annual and day memberships will be available at registration if needed or at <http://biathlon.teamusa.org/membership/join-usba>
Trail pass fees are included in the entry fee.

Entry Fees	\$25-1 day / \$45-both days	
Junior Entry Fees (20 and under)	\$15 - 1 day/ \$25 for both days	
MVB Annual Membership (not required)	\$30-Juniors/\$40-Adults/\$55-Families (not required)	
USBA membership # _____ (required)	\$10 per day for non-USBA members	

TOTAL \$

Pre-registration is required. If register late, a **LATE FEE OF \$10 WILL BE CHARGED FOR ALL ENTRIES RECEIVED AFTER January 18, 2012** and you may only be able to race in the open recreation category. **Please register on time.**

Register before Jan 18th either by:

1. *mail*
2. *E-mail* **all** of registration information to: mvbiathlon@gmail.com
pay & sign release form at race day registration

MV Biathlon
c/o Ina Clark
55B Left Fork Wolf Creek
Winthrop, WA 98862

Make checks to: Methow Valley Biathlon (Note: We are not equipped to take credit or debit cards)

METHOW VALLEY BIATHLON 2011-2012 Season Release of Liability

I recognize that biathlon, cross country skiing, running and rifle marksmanship can be hazardous sports. I acknowledge there are risks and hazards associated with involvement in the Washington Biathlon Association. The risks can include, but are not limited to, damage to property, physical injury and death. I state that I am, and those minors that I sign for are in proper physical condition to participate in strenuous activity. I acknowledge and accept the risks associated with shooting, skiing and running and I agree to release and hold harmless all members, organizers, sponsors and officers of the Methow Valley Biathlon Club, the Methow Valley Sport Trails Association the Washington Biathlon Association, the Methow Valley School District number 350, the U.S. Forest Service and all members of the staff of any venue sites involved in biathlon training, practice, or competition from any liability for any and all accidents or injuries of whatever nature, connected to or arising from or coming to or from any association function, workout or other event. I recognize that Biathlon involves the use of firearms and I certify that I am not disabled or barred from using or possessing firearms by any state or federal law or by ruling of any court. A parent or legal guardian must sign the release of liability for all participants under the age of eighteen.

Signature _____ Date _____

For (minor under eighteen) name _____

Parent or Guardian Signature _____ Date _____

Race Schedule

Friday, January 20, 2012

Official training – skiing only. No shooting allowed on Friday. Trails will close at 3pm for grooming.

Saturday January 21, 2012

Registration opens 8:30am

Zero.....9:30 – 10:15am (midgets & open rec)
Individual Race Starts..... 10:30am (midgets & open rec)
Second zero 11:30-12:15pm (all other categories)
Second Individual race start 12:30pm (all other categories)

Dinner & Awards at the Winthrop Barn6-7:30pm (tickets can be purchased at the door. See event particulars)

Sunday, January 22, 2012

Registration opens..... 8:30am

Zero 9:30 – 10:15 am (midgets & open rec)
Sprint Race starts 10:30 am (midgets & open rec)

Second zero 11:15 -12:00 (all other categories)
Second Sprint race start 12:15pm (all other categories)

<u>Class</u>	<u>Age</u>	<u>Individual</u>	<u>Shooting</u>	<u>Sprint</u>	<u>Shooting</u>
Midgets	13 & under	2.5km	ppp	2km	pp
Juveniles	13 & under	4km	ppp	2.5km	pp
Jr boys/girls	13-14 yr	5.0km	ppp	3km	pp
Sr boys/girls	15-16 yr	7.5km	psps	6km	ps
Youth Women	17-18 yr	10km	psps	6km	ps
Youth Men	17-18 yr	12.5km	psps	7.5km	ps
Jr Women	19-20 yr	12.5km	psps	7.5km	ps
Jr Men	19-20 yr	15km	psps	10km	ps
Women	21+	15km	psps	7.5km	ps
Men	21+	20km	psps	10km	ps
Open Rec	any age	5km	psp	3km	ps
Masters Men	30+	15km	psps	7.5km	ps
Masters Women	30+	12.5km	psps	6km	ps

*****Note:** Categories from Senior boy/girl & younger are listed by age for a reference point only. Biathletes under 17 years old may be placed in the appropriate skiing and shooting development category by coach's discretion.

**USBA Master's age categories will be recognized but awards will only be given to overall masters top finishers. Categories are: Masters 30-39, sr masters 40-49, veterans 50-59, sr veterans 60+

Shooting Protocols

Midgets – shoot prone position with a rest on standing (large) targets.

Juveniles – shoot prone position with a rest on prone (small) targets.

Jr boys/girls – shoot prone position with a cuff on prone targets.

Sr boys/girls – shoot prone & standing & rack to rack with rifle (they do not carry the rifle).

Open Rec – shoots prone on standing targets without a cuff & can carry the rifle or not carry.

EVENT PARTICULARS:

Please note: *All rifles must be in soft or hard cases unless they are on the range or on the athletes back while skiing on the course. No rifles in the school building. Any unattended rifles must be in locked vehicles.*****

Competition Site: The Liberty Bell High School and the adjoining McCabe Ski Trails & biathlon range are located 18 Twin Lakes Rd, Winthrop. It is 3 miles south of downtown Winthrop on Hwy 20. Registration is located on the west corner entrance of the school building. Parking is available in the school lot.

Note: At this time, there is no food service planned at the competition site. As the races run from morning into the afternoon it is a good idea to bring something to eat. Porta-potties will be available at the site.

Eligibility: This event is open to all biathlon racers who have completed the US Biathlon or Biathlon Canada Safety Class. USBA or equivalent national membership is required. Day and annual memberships will be available at registration. Contact the Chief of Competition at biathlon@methownet.com or go to <http://biathlon.teamusa.org/membership/join-usba> for membership options.

Banquet: Saturday Jan 21st there will be a dinner and first day race awards for both biathlon and MVSTA pursuit racers, family and friends at the Winthrop Barn 6:00-7:30pm. Cost is \$12 adults, \$8 for ages 12 and under. Lasagna, pasta, bread, salad, dessert. Come and enjoy food and Nordic camaraderie.

Volunteers: Volunteers are always needed for races. This is an excellent way for those new to the sport to see a race at the closest possible vantage and to learn about how a competition functions. Score keeping is also very easy. If you would like to assist Contact the Chief of Competition at biathlon@methownet.com

Rifles: Rifles will be available to use for those without their own. These are Izhmash biathlon 7-4 and 7-3 rifles.

Lodging: The nearest lodging is close by in Winthrop, which offers numerous choices and varied rates. Check online at www.methowlodging.com

WASHINGTON CUP SERIES Beginning January 1st with a race sponsored by Methow Valley Biathlon (MVB), in Mazama followed by this weekend in Winthrop (MVB) and three weekends of racing at Stevens Pass Nordic, the WBA will host the Biathlon Race Series, nine races of varying length and format. A biathletes best eight finishes will determine their season point total. The International Biathlon Union season points system will be in effect and racer points will be totaled to determine the state champions by age groups as well as a ranking list. Join MVB January 1st, January 21st & 22nd and the WBA February 11th & 12th, February 25th & 26th and March 10th and 11th for exciting Biathlon competitions.

Event Cancellation: Biathlon races are almost never cancelled. We race in all types of weather. The race will be held unless the weather hampers competition to the point that it is not effective, safe or fair. Dress in layers for tough weather.

Season Points

For the 2011-2012 Washington Biathlon Association Biathlon Season, the International Biathlon Union race points system will be in effect. Points a racer receives from each of the nine races will be totaled at the end of the March races, with the poorest result thrown out and the male and female biathletes in age groups with the most points will be named WASHINGTON CUP 2012 Biathlon Champions. See www.wabiathlon.org for more information.