



**WASHINGTON
BIATHLON
ASSOCIATION**

PRESENTS

Race #3

in the

2007

Summer Biathlon

WASHINGTON CUP
Series

Modified Super Sprint

Saturday – August 18, 2007

Seattle Police Athletic Association
Tukwila, Washington

Washington Biathlon Association

Summer Biathlon Race Entry Form

August 18, 2007

NAME _____ DOB/AGE _____ / _____

Address _____

City _____ State _____ Zip _____

Phone _____ E-MAIL _____

Due to insurance coverage regulations, membership in the United States Biathlon Association is required for all participants. Annual (\$50) and day (\$10) membership will be available at the site. If this is your first ever biathlon event, please contact the WBA: Bob Vallor at (425)427-8841, bob.vallor@wabiathlon.org or Jay Bender at (509)763-3849, jay.bender@wabiathlon.org

ENTRY FEE (\$25) \$ _____

WBA Members \$5/day Discount (Join the WBA... it pays!) - \$ _____

WBA Membership (Optional - \$25/year Nov.1 to Oct. 31) \$ _____ Support your Club!

USBA Membership Fee (see above), or provide your USBA Member# \$ _____ USBA# _____

TOTAL ENCLOSED \$ _____

Please make checks payable to:

(Note: We are not able/equipped to take credit or debit cards.)

Washington Biathlon Association

PO Box 1716

Issaquah, WA 98027-0069

Please Circle: Male Female

Season Points

For the 2007 Summer Biathlon Season, the International Biathlon Union race points system will be in effect. Points a racer receives from each of the four races will be totaled at the end of the October 6th race and the male and female biathletes with the most points will be named **WASHINGTON CUP Summer 2007** Champions. There will NOT be a "throw-out" allowed, so points will be totaled from all four of the races in the series. Race dates are: June 16; July 21; August 18 (all at SPAA, Tukwila); and October 6 (at Sun Valley Shooting Club, Yakima). See www.wabiathlon.org for full details and Race Announcements.

WASHINGTON BIATHLON ASSOCIATION 2007 Season Release of Liability

I recognize that biathlon, cross country skiing, running and rifle marksmanship can be hazardous sports. I acknowledge there are risks and hazards associated with involvement in the Washington Biathlon Association. The risks can include, but are not limited to, damage to property, physical injury and death. I state that I am, and those minors that I sign for are, in proper physical condition to participate in strenuous activity. I acknowledge and accept the risks associated with shooting, skiing and running and I agree to release and hold harmless all members, organizers, sponsors and officers of the Washington Biathlon Association, the City of Seattle, the City of Tukwila, the Seattle Police Department, the Seattle Police Athletic Association, and all members of the staff of any venue involved in biathlon training, practice, or competition from any liability for any and all accidents or injuries of whatever nature, connected to or arising from or coming to or from any association function, workout or other event. I recognize that biathlon involves the use of firearms and I certify that I am not disabled or barred from using or possessing firearms by any state or federal law or by ruling of any court.

A parent or legal guardian must sign the release of liability for all participants under the age of eighteen.

Signature _____ Date _____

For (minor under eighteen) name _____

Parent or Guardian Signature _____ Date _____

RACE PARTICULARS:

Race Site: The Seattle Police Athletic Association Shooting Range is at 11030 East Marginal Way, South, just south of Boeing Field in Tukwila, Washington. See www.spaarange.com for more information. To get there: take I-5 South from Seattle, get off at the East Marginal Way exit and take a right at the top of the off-ramp. Then get in the far left lane as you go down the hill toward E. Marginal Way. At the stop light take a hard left onto E. Marginal Way, S., go approximately ¼ mile and watch for the large Bingo sign on the left, which is also the driveway for SPAA. Go between two large, white buildings into the SPAA facility and bear right for parking in the large lot. Look for "BIATHLON" signs.

Eligibility: WBA races are open to all members of the United States Biathlon Association who have completed a USBA Rifle Safety Certification Course. One-day USBA memberships are available at the site. If you do not yet have your USBA Rifle Safety Certification, please contact jay.bender@wabiathlon.org or bob.vallor@wabiathlon.org

Volunteers: Volunteers are always needed. Please contact Race Director Bob Vallor (425) 427-8841 or bob.vallor@wabiathlon.org if you can help. Volunteering is a great way to get to see the race up close and to get to know the sport.

Safety Certification: There will be a safety certification course given at 7:30 pm Friday evening. Please contact WBA or the race director in advance if you need take this required course. bob.vallor@wabiathlon.org

Saturday Race Day Format and Schedule

Modified Super Sprint: men's 2.5 km and women's 2.5 km with four shooting bouts and a penalty loop for each missed target. Three extra hand-loaded rounds will be allowed per bout for any targets still standing after 5 shots.

- 8:00 am to 9:00 am – Range set up. Please do your part to help with set up of the biathlon range. This is also a good opportunity to inspect the targets, their functionality, and proper leveling for a fair competition.
- 8:30 to 9:00 am: On site registration at SPAA (pre-registering by mail is also available and encouraged) Note: we are not able/equipped to accept credit or debit cards. Make checks out to **Washington Biathlon Association**. If you are a USBA annual member, please have your USBA membership number with you!
- 9:00 – Equipment Check opens (all participants must go through Eq. Check prior to zero)
- 9:30 to 10:15 am: Rifle sight in at the Biathlon Range
- 10:30 am: Race time – Individual Interval Starts
- TBD - Awards
- TBD - Range Break-down – All participants are expected to help with breaking down the biathlon range, stowing targets, etc. Please plan to be at SPAA through mid afternoon.

Attire: Summer biathlon is running and shooting. Wear running clothes and be prepared for what ever weather might be forecast. Rifles are not carried when running, but may have harnesses if the participant wishes to don and doff the rifle (simulating winter procedures) when in the range. Rifles with harnesses must have ample room to each side in the rifle racks.

Rifles: Pool rifles will be available for novices and those without their own. These are either Mossberg 44 biathlon compatible rifles or Izhmash Bi 7-4 biathlon rifles and are available for use on a first come-first served basis. We only have three of the Izhmash rifles to loan. Contact the race director well in advance of the event if you need to borrow a club rifle: bob.vallor@wabiathlon.org (425)427-8841.

Lodging: There are a large number of lodging opportunities in the Seattle area. There is a Days Inn in Tukwila, very near SPAA.

WASHINGTON CUP Series Points: Points will be accumulated in the four races of the 2007 Summer Biathlon Race Series. Points are awarded based on finish position. After the October 6th Race, points will be totaled and the senior male, senior female, junior male and junior female biathletes with the most points will be named Washington Cup 2007 Summer Champions. The IBU International Point System will be used. (1st place=50 pts, 2nd=46, 3rd=43, 4th=40, 5th=37, 6th=34, 7th thru 15th decreases by two from 32, 16th thru 30th decreases by one). No "throw-out" will be allowed, so all 4 races will count for points.